

## EPiC Series in Education Science

**EPiC** Education

Science

Volume 5, 2023, Pages 151-162

Proceedings of NEMISA Digital Skills Conference 2023: Scaling Data Skills For Multidisciplinary Impact

# Using Dimensionality Reduction to Diagnose Heart Diseases

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#### Abstract

Heart disease is a major health concern in South Africa, and early and accurate diagnosis is crucial for effective treatment. In this context, dimensionality reduction techniques can play an important role. These techniques can help identify patterns and relationships in large and complex datasets, allowing for more efficient and accurate diagnoses. This paper provides an overview of the use of dimensionality reduction techniques, including principal component analysis (PCA), linear discriminant analysis (LDA), and tdistributed stochastic neighbor embedding (t-SNE), in the diagnosis of heart diseases in South Africa. The paper also highlights the importance of considering the interpretability of the results, as well as potential biases in the data and algorithms, when selecting a technique. The purpose of this study is to predict the accuracy of heart disease using Dimensionality technique to determine if there was any enhance in predicting accuracy. Although the SVM show the better accuracy score of 71% over Random Forest with the score of 61% when PCA model is applied the use of dimensional reduction doesn't produce better results.

# 1 Introduction

Heart related disease remains amongst the major cause of death throughout the work from the past decade Asha et al (2011). Cholesterol level, high blood pressure and diabetics are amongst the main contributing factors related to heart diseases. Amongst the risk factors associated with heart diseases can be traced back to family medical history, smoking and drinking patterns of a patient and port health diet. Bonnette(2008) highlights that data mining assist in the extraction of patterns that are found in the process of knowledge discovery within the databases in which intelligent methodologies are applied. The emerging discoveries within the data mining domain that promise to provide intelligent tolls and new technologies which will assist the human to do analytics and gain understanding huge volumes of data remains a challenge with unsolved problems. The current functions within data mining domain includes classifications, clustering, regression, and the discovery

H. Twinomurinzi, N.T. Msweli, T. Mawela and S. Thakur (eds.), DigitalSkills2023 (EPiC Series in Education Science, vol. 5), pp. 151–162

of association rules, rule generation, summarization, sequence analysis and dependency modelling. Numerous data mining challenges can be addressed effectively though the use of soft computing techniques. Amongst this technique are neural network, generic algorithms, fuzzy logic that will ultimately leads an intelligent very interpretable and solutions that are low cost compared to traditional techniques. Dimension reduction is regarded amongst the mostly used method for data mining for the extraction of patterns in a more reliable and intelligent manner and has widely been used to find models that data relationships, Coffman et al (2008). The rest of the paper is organized as follows. In Section 2, some background on dimensionality Reduction Algorithms are discussed. In Section 3, the methodology and the simulation results obtained are presented. Finally, Section 4 concludes the paper.

# 2 Background

The dimensionality reduction can be regarded as an unsupervised learning technique, which may be applied as pre-processing step for data transformation towards machine learning algorithms on both regression predictive modelling and classification datasets with supervised learning algorithms. Furthermore, dimensionality reduction represents a technique which may be adopted for dropping the amount of input variables in training data. Every time one is dealing with a large capacity of dimensional data, it is normally valuable in reducing the dimensionality through the projection of the data to a lower dimensional subspace which captures the "crux" of the data, Shan Xu (2017). Heart disease is a serious health issue everywhere, including South Africa. For successful treatment and better patient outcomes, it is essential to make a timely and correct diagnosis of heart disease. The complexity of heart illness and the volume of data produced by contemporary medical technologies, however, can make a precise diagnosis of the condition difficult. Machine learning uses the method of "dimensionality reduction" to lower the number of variables in a dataset while preserving the most important data. This facilitates the discovery of patterns and connections in the data, improving analysis and diagnosis. Principal component analysis (PCA), linear discriminant analysis (LDA), and distributed stochastic neighbor embedding are three examples of dimensionality reduction techniques that have been created and used in a range of fields.

### 2.1 Algorithms Used in Dimensionality Reduction

Several algorithms are applicable to be applied for dimensionality reduction. The two key classes of methods are those selected from linear algebra and those selected from diverse learning, Padmavathi (2012). Linear Algebra Methods The role Matrix factorization methodology is choosing from the area of linear algebra which can be utilized for dimensionality. Manifold Learning Methods The fundamental role of Manifold learning methods is simply to pursue a dimensional projection which is lower than that of high dimensional input which captures the visible properties of the input data. Some of the popular and most familiar methods includes:

- The Embedding Isomap
- The Embedding Locally Linear
- The Scaling Multidimensional
- The Embedding Spectral
- The Embedding t-distributed Stochastic Neighbor

Each one of these algorithms suggests an approach which is very diverse towards the challenge of determining natural relationships in data at lower dimensions. Currently there is no dimensionality reduction algorithm which can be regarded as the best, and no easy way to detect if the algorithms of the best for one's data without applying the controlled experiments.

### 2.2 Principal Component Analysis

The application and the use of Principal Component Analysis (PCA) might be regarded amongst the most prevalent method for dimensionality reduction with the inclusion of dense data (i.e., few zero values). The (PCA) Principal Component Analysis, may be further be viewed as a technique seeking to decrease the data dimensionality. The (PCA) Principal Component Analysis (PCA) technique can be defined and implemented by means of the tools of linear algebra. The (PCA) Principal Component defines a process that is functional to a dataset, which is normally represented by an n x m matrix A, whereby the results in a projection of A will be the final outcomes, Kanika Pahwa and Ravinder Kumar (2017). Correlation is defined as a quantitative analysis that seeks to calculate the strong point of connotation within one or two variables and calculate i f there i s any direction establishment concerning the relationship. Classically, within the domain of statistics, there are 4 types of measurable correlations i.e., spearman correlation, Kendall rank correlation person and the pointbiserial correlation, Swati Shilaskar and Ashok Ghatol(2013). The Pearson r correlation may be viewed as amongst the furthermost broadly applied statistic tool for correlation in order to calculate the gradation of the relationship between linear associated variables. A typical example can be that of a stock market, if one desires to quantify how can two more stocks get to be correlated to one another, Pearson r correlation can simply be applied to quantify the notch of the two relationships. The below formula can be applied in calculating the correlation for Pearson r:

$$r = (n * \Sigma (xi * yi) - (\Sigma xi * \Sigma yi)) /$$
  
sqrt ((n \* \Sigma (xi^2) - (\Sigma xi)^2) \* (n \* \Sigma (yi^2) - (\Sigma yi)^2)) (1)

where:

r is the correlation coefficient between x and y

n is the number of observations

 $\Sigma$  (xi \* yi) is the sum of the products of each xi and yi value.

 $\Sigma$  xi is the sum of all xi values.

 $\Sigma$  yi is the sum of all yi values.

 $\Sigma$  (xi<sup>2</sup>) is the sum of the squared xi values.

 $\Sigma$  (yi<sup>2</sup>) is the sum of the squared yi values.

#### Kendall rank correlation

The correlation of Kendall rank may be deemed as non-parametric test that can be utilized to calculate the strength of dependency within one or two variables. "If one considers models y and z, whereby each model size is n, then one becomes cognizant to the fact that the complete amount of pairings with y z is n(n-1)/2.", Jonathon Shlens (2009).

The below formula can be applied to measure the correlation of Kendall rank 's value:

E. Tabane

$$\tau = (2 * c) / (n * (n-1))$$
(2)

where:

- c is the number of concordant pairs of observations (i.e., pairs where the rankings of both variables are in the same order)
- n is the total number of observations

The value of  $\tau$  ranges from -1 to 1, where a value of -1 indicates a perfect negative rank correlation, a value of 0 indicates no rank correlation, and a value of 1 indicates a perfect positive rank correlation.

#### Spearman rank correlation:

Based on Jonathon Shlens (2009), the correlation of Spearman rank may be defined as a nonparametric test which can be applied to calculate the gradation of the connotation amongst two or variables. "The tests conducted for Spearman rank doesn't consist of any assumptions relating to the data distribution and is the suitable correlation analysis whenever the variables are calculated within a scale that is at slightest ordinal variable"

The below formula can be applied to calculate the Spearman rank correlation:

$$\rho = 1 - \left( \left( 6 * \sum d^2 \right) / \left( n * (n^2 - 1) \right) \right)$$
(3)

where:

- ρ is the Spearman's rank correlation coefficient
- d is the difference between the ranks of each pair of observations
- n is the total number of observations

The value of  $\rho$  ranges from -1 to 1, where a value of -1 indicates a perfect negative monotonic correlation, a value of 0 indicates no monotonic correlation, and a value of 1 indicates a perfect positive monotonic correlation.

# 3 Methodology

The experimental findings of our model categorization are discussed in this section. Experimental Environment Python and Google Collab were used to implement the experimental findings, and an Intel (R) Core i7 CPU with 8 GB of memory was also used. Data set a retroactive sample of men in the Western Cape, South Africa, a heart disease high-risk area. Per case of CHD, there are around two controls. After their CHD occurrence, several of the men who tested positive for CHD had blood pressure lowering therapy and other initiatives to lower their risk factors. In certain instances, measurements were taken following these procedures. The larger dataset from which these statistics are drawn is given in Rousseauw et al 1983 .'s South African Medical Journal article. Now the dataset is on Kaggle as open-source dataset:

#### E. Tabane

# 3.1 Styles Data Description

Sbp	Systolic blood pressure
Tobacco	Cumulative
Ldl	Low density lipoprotein Cholesterol
adiposity	This is an increasing overweight which might be associated with a growing risk for diseases
Famhist	Family history
typea	Type-A behavior
Obesity	the state of being overweight
Alcohol	current alcohol consumption
Age	Age at one set
Chd	Coronary heart disease

Table: 1 Data description.

3.1.1. Data types

"Sbp"	int64
"Tobacco"	object
"ldl"	object
"Adiposity"	object
"Typea"	int64
"Obesity"	object
"Alcohol"	object
"Age"	int64
"dtype:"	object

# 3.1.2 Family History



Figure 1. family history of heart diseases

#### E. Tabane

Absent 0.58 Present 0.42 Name: famhist, dtype: float64 0 0.65 1 0.35 Name: chd, dtype: float64



Figure 2: Distribution of the values of potential predictors

In this instance we have observed a large-Scale difference with various variables. These variables will need to be standardize in order avoid those with greater scales been wrongly having too much weight in the calculations. With Regards to aberrant values, their effect will need to be reduced through methods that are not very sensitive towards them.



Figure 3: Distribution of the values of all potential standardized predictors



# 3.2 Dimensionality Reduction

### Interpretation

Our observation of the above correlation matrix suggests the following about the coefficient:

• Age has some form of correlation with the consumption of tobacco and level of adiposity.

- There is a strongly correlation between obesity and adiposity.
- Idl is correlated with adiposity.

In summary, the older and obese subjects incline to have additional fats which might be accumulated under the skin.

### 3.2.2 Bartlett's sphericity test

We conducted the sphericity test and the outcomes value for p was: **True.** Conclusion of the sphericity test:

Hypothesis: Orthogonality of the variables Since the p-value is less than the selected threshold, the null hypothesis of orthogonality of variables is rejected.

Therefore: PCA is much relevant within the meaning of this test

# 3.2.3 Sampling Adequacy for Kaiser's Measure

We further calculated the Sampling adequacy Kaiser's measure of (KMO) and the results were kmo: 0.67

Therefore, since the kmo index is between 0.6 and 0.7, a compression relevant index is very possible to be attained.

Since some of the values seemed to remain great, we will try a less sensitive approach towards them,

Figure 4: The correlation between various variant



Using Dimensionality Reduction Technique in Machine Learning...

E. Tabane

Figure 5: Correction Matrix (spearman)



Figure 5: Correlation matrix (Kendall)

A non-parametric PCA based on the Spearman correlation matrix is performed in due to the presence of many atypical values.

PCA is regarded as a model which is applied in covariance structure extended in prepared and established components which carries a declining variance, Zhang et al, (2017). The inherent data variability is then captured through the features from the linear extraction which are from the novel

data sets (Parthiban & Srivatsa,2012). The (PCA) Principal components Analysis is normally founded on correlations are normally gets resolute through the application of a mean centered data.

The data is then gets spit into both training and testing, and the shape for training data was (346, 7) and (116, 7) for testing data

```
      Then we calculated the variance ration, variance ration cumsum and variance ration sum.

      [0.36972103
      0.16203157
      0.15050121
      0.1108632
      0.10189052]

      [0.36972103
      0.5317526
      0.68225381
      0.793117
      0.89500752]

      0.89
```

The shared inertia explained by the first 5 components is around 90%.

### 3.2 Predictive Analysis

In this section, we went ahead and trained two applied classifiers. random forest (RF) and the Support Vector Machine (SVM). Firstly, on main components, then secondly on the initial data, afterwards we compared their performance by assessing any the contribution in terms of the reduction in size for the decrement of the noise within the predictive model's construction.



Figure 7: Random Forest Principle component



E. Tabane

Figure 8: random forest initial Data

# 3.3.2 The Principal Component

The principal component for SVM is a technique used in machine learning to reduce the number of features in a dataset by projecting the data onto a new set of orthogonal axes. The goal of this technique is to identify the most important variables in a dataset that capture the majority of the variability in the data. By reducing the number of features, the SVM model can be trained more efficiently and effectively. This results in a more concise and interpretable model that can provide better predictions. In essence, the principal component for SVM is used to maximize the information retention in the reduced dataset while minimizing the loss of information.



Figure 9. SVM principle component



Figure 10: SVM Initial Data

# 4 Conclusion

In conclusion, it's important to keep in mind that while SVM showed a better accuracy score of 71% compared to Random Forest's score of 61% when PCA was applied, this doesn't always guarantee improved results. Dimensional reduction is just one tool in the machine learning toolkit and there may be other methods and techniques that could lead to even better results. It's essential to consider the limitations of using PCA and to explore other techniques, such as rotating the factorial axis, to achieve the best outcomes. Additionally, it's important to note that accuracy is not the only evaluation metric to consider. Other metrics, such as precision, recall, F1 score, and receiver operating characteristic (ROC) curve, can provide a more comprehensive understanding of a model's performance. Ultimately, it is crucial to choose the best model for the task at hand based on a thorough evaluation of multiple metrics and techniques.

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